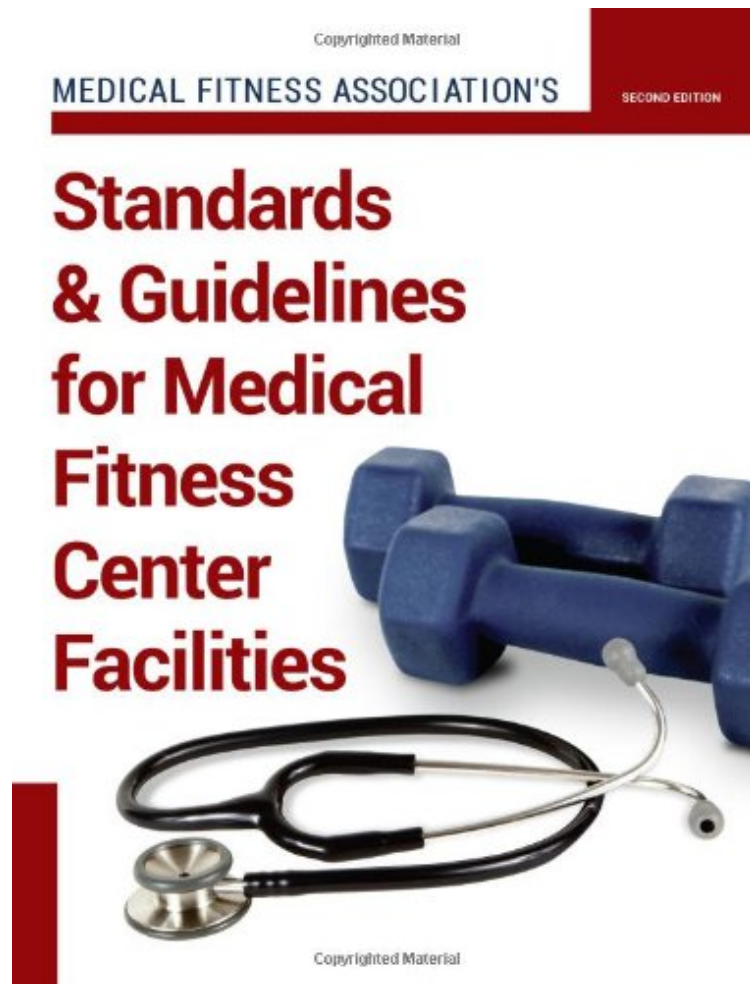


Standards Guidelines for Medical Fitness Center Facilities Second Edition

Medical Fitness Association (MFA)
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Medical Fitness Association (MFA) : Standards Guidelines for Medical Fitness Center Facilities Second Edition before purchasing it in order to gauge whether or not it would be worth my time, and all praised Standards Guidelines for Medical Fitness Center Facilities Second Edition:

The best way to set your facility apart is by achieving the MFA Facility Certification. With a focus on medically sound prevention and rehabilitation programs, medical fitness centers play an essential role in the health and wellness of those individuals that they serve. The MFA Facility Certification process is an important step toward ensuring that your facility provides the quality and safety of the programs and services that are necessary to meet this critical responsibility. Certified medically integrated fitness centers feature the professional expertise and programming

necessary to safely and effectively assist people regardless of their current health status with developing, initiating, and maintaining an active lifestyle that minimizes the risk of illness and disease and promotes health and wellness. Based on the MFA's Standards Guidelines for Medical Fitness Center Facilities Second Edition, the certification process involves an in-depth review of a facility's adherence to the prescribed standards and guidelines. A number of key factors distinguish certified medical fitness centers, including: Active and regular medical oversight Certified and licensed staff Written policies and procedures concerning user safety and the ability to respond appropriately to all emergencies Disease management and prevention programs Health-risk reduction and therapeutic lifestyle programs Individualized health screening Testing and outcome tracking Quality management, with a focus on measurable results A focus on improving community health

About the Author The Medical Fitness Association (MFA) is a member-driven, nonprofit organization. Its mission is to foster opportunities for the development and operational success of medically integrated fitness centers. MFA provides industry standards, educational programs, benchmarks, outcome measurements, professional development and networking opportunities for the medical fitness industry.