

SPM Handbook of Health Assessment Tools

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Kent W. Peterson MD, John W. Travis MD, James E. Dewey PhD, Edward M. Framer PhD, Janet J. Foerster MEd, Gerald C. Hyner PhD : SPM Handbook of Health Assessment Tools before purchasing it in order to gauge whether or not it would be worth my time, and all praised SPM Handbook of Health Assessment Tools:

This new 4th edition SPM Handbook of Health Assessment Tools provides detailed descriptions of some 50 major health assessment instruments - including general health outcome measures and lifestyle assessments widely used in scientific studies and as essential data-gathering devices in managed care organizations, as well as traditional health risk assessment tools. Like its predecessors, the Handbook offers expert guidance for organizations and individuals on how to select and use health assessment tools.

An invaluable resource for libraries and health organizations. A tour de force of the foundations, scope, rationale, strengths, weaknesses, advances, gaps, and the future of health assessment strategies, methods, tools and applications. . .Irresistibly readable. -- Lawrence W. Green, DrPH, Professor of Health Care Epidemiology, and Director, Institute of Health Promotion Research, University of British Columbia This is a massive and very important work of reference. It brings together discussions of the theory and practice of health assessment, descriptions and examples of assessment instruments and contact points for additional information. This is an excellent and much needed work which will advance the field substantially. -- James F. Fries, MD, author, *Take Care of Yourself*, and Professor of Medicine, Stanford University This reference will be a must for anyone involved or responsible for developing wellness programs or managing health benefits in Corporate America. A big step toward having the tools to evaluate and show real value added to workplace executives, not only for controlling health care costs, but just as importantly, for increasing productivity in the workplace. -- J. Frederick Green, MD, Corporate Medical Director, Deere Company, Moline, IL

About the Author The editors responsible for the authorship of this book represent The Society of Prospective Medicine (SPM). SPM is a non-profit professional association that for 35 years has been dedicated to advancing research on the assessment tools, interventions, and evaluation strategies necessary to support prospective medicine practice. SPM maintains a forum for those developing more effective means for creating and applying prospective medicine tools and intervention strategies in individual, clinical and organizational contexts.

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From Introduction: Health assessment can be broadly defined as any method that accesses and analyzes data about a person's or a population's health. It can cover everything from questionnaires to clinical/laboratory testing, to medical records review, to cost and utilization data reviews. This Handbook provides information on many different types of health assessment instruments and on some of the theoretical positions that underlie them. It cannot cover all instruments or all available theories; however, it is a significant expansion beyond health risk appraisal, and points toward continued broadening of scope in future editions. This edition focuses largely, but not exclusively, on instruments which collect individual data, but which are capable of summarization to produce population level views.