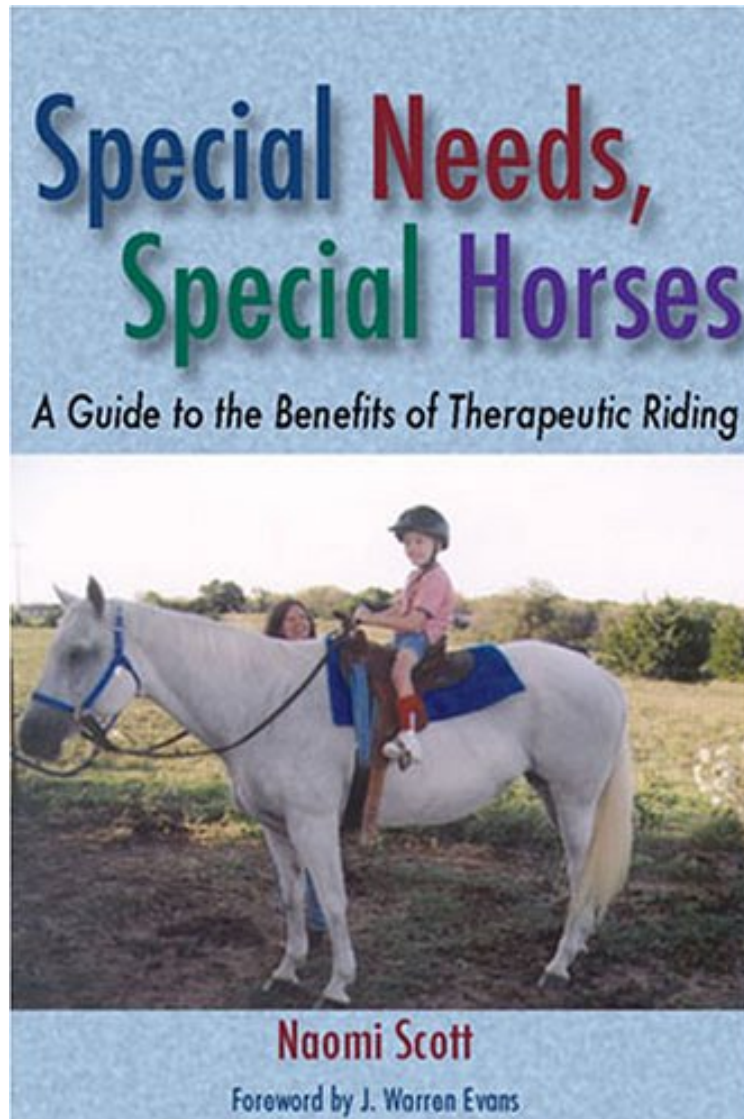


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Special Needs, Special Horses: A Guide to the Benefits of Therapeutic Riding (Practical Guide)

Naomi Scott

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0 of 0 people found the following review helpful. A therapy for All of UsBy Charles MitchellAs a novice volunteer

and a retiree, I found new life with a purpose in my first year at a NARHA (now PATH International) therapy center. This book has given me perspective and the incentive to donate more of my time and effort to this excellent cause. 1 of 1 people found the following review helpful. Very informative
By PAULINE GARCIA
Loved the interviews with families and riders. Gives a great view of how equine e therapy really has an impact on the rider in a more holistic view.
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great book

A growing number of individuals with special needs are discovering the benefits of therapies and activities involving horseback riding. *Special Needs, Special Horses*, by Naomi Scott, offers information about the amazing results possible with therapeutic riding, or hippotherapy. From recreational riding for individuals with disabilities, to the competitions some riders enter (and win), Scott describes the various techniques of the process and its benefits to the physically and mentally challenged. The book explores the roles of the instructors, physical therapists, volunteers, and the horses, and explains carriage driving, vaulting, and educational interactions with horses. Scott profiles individuals involved in the therapy, including clients whose special needs arose from intrauterine stroke, cerebral palsy, transverse myelitis, Parkinson's disease, paralysis, sensory integration dysfunction, multiple sclerosis, shaken baby syndrome, sensory damage, stroke, seizures, infantile spasms, Down syndrome, and autism. *Special Needs, Special Horses* is an excellent guide for the families of the many who door could enjoy improved lives from therapeutic riding. It will also appeal to practitioners of therapeutic riding as an overview of their profession.

"This book opened new doors for my daughter. When all other sports were taken away from her I was so excited to find horseback therapy. And it allowed me to be involved with her. This book is a must read for parents struggling with therapy problems." - Michelle Hartman, mother of a child born with a hip disorder
About the Author
Naomi Scott is a volunteer in a therapeutic riding program at Rocky Top Therapy Center in Keller, Texas. She is the former assistant editor of two magazines for the Quarter Horse racing industry and a freelance writer and photographer in the equine field. She lives near Dallas, Texas.