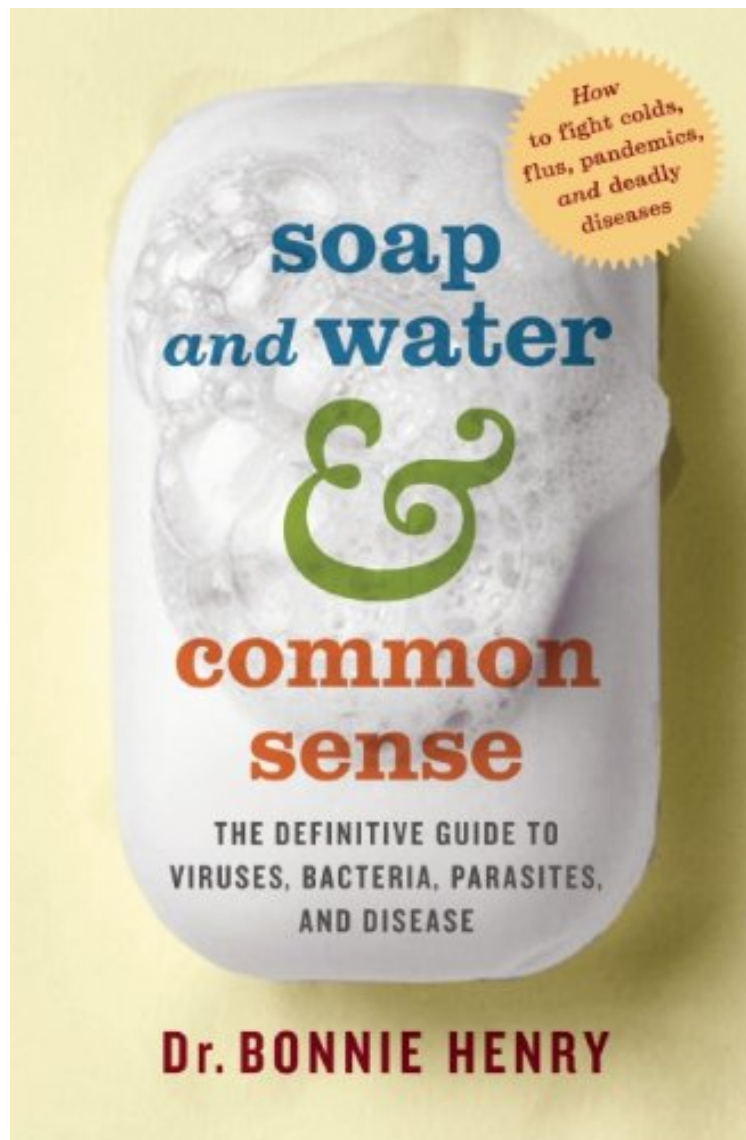


(Free read ebook) Soap and Water and Common Sense: The Definitive Guide to Viruses, Bacteria, Parasites, and Disease

Soap and Water and Common Sense: The Definitive Guide to Viruses, Bacteria, Parasites, and Disease

Bonnie Henry

audiobook | *ebooks | Download PDF | ePub | DOC



DOWNLOAD



READ ONLINE

#4102278 in Books House of Anansi Press 2009-09-15Original language:EnglishPDF # 1 .70 x 5.20 x 7.90l,
.75 #File Name: 0887848125288 pages | File size: 51.Mb

Bonnie Henry : Soap and Water and Common Sense: The Definitive Guide to Viruses, Bacteria, Parasites, and Disease before purchasing it in order to gage whether or not it would be worth my time, and all praised Soap and Water and Common Sense: The Definitive Guide to Viruses, Bacteria, Parasites, and Disease:

As a physician who has spent nearly two decades chasing bugs all over the world from Ebola in Uganda, to polio in Pakistan, to SARS in Toronto leading epidemiologist and public-health doctor Bonnie Henry offers three simple rules to help people avoid getting sick: clean your hands, cover your mouth when you cough, and stay at home when you have a fever. It all boils down to basic hygiene. In this compelling book, Dr. Henry gives a lively account of the evolution of common sickness. She takes readers on a tour through the halls of Microbes Inc., a global "corporation" that has evolved and adapted over billions of years to rule the earth. From viruses to bacteria to parasites and fungi, Dr. Henry profiles the threats and dispels some of the common myths and misinformation about good and bad bugs to bestow upon readers the most important measures needed to keep themselves and their families healthy.