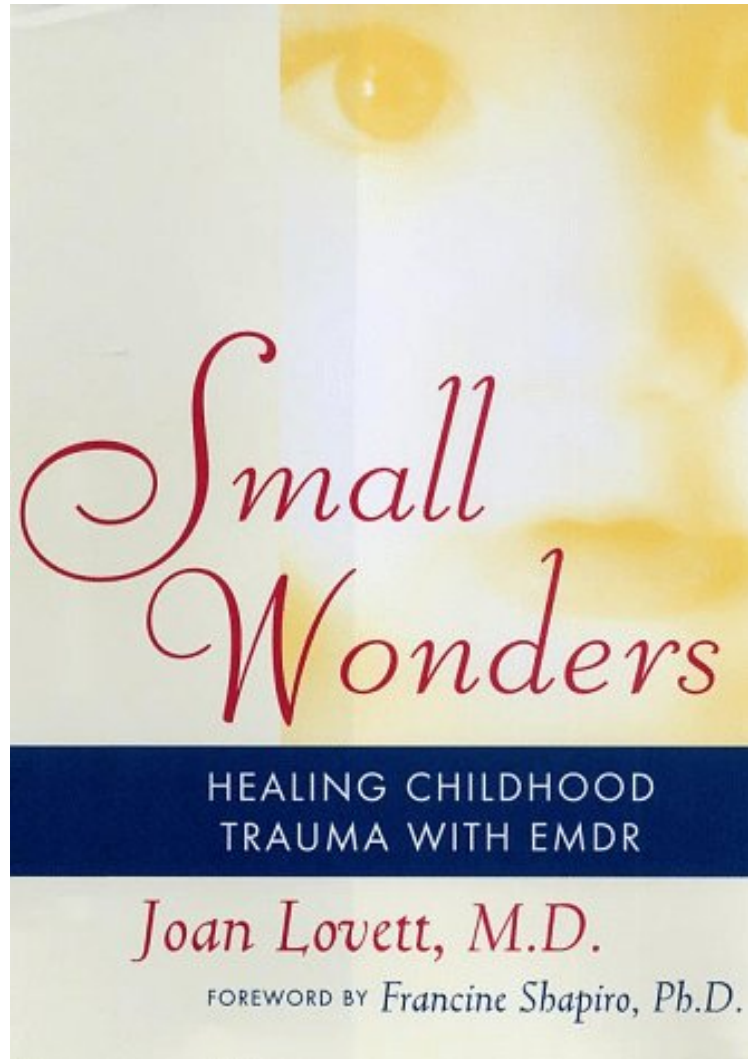


Small Wonders: Healing Childhood Trauma With EMDR

Joan Lovett

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Joan Lovett : Small Wonders: Healing Childhood Trauma With EMDR before purchasing it in order to gauge whether or not it would be worth my time, and all praised Small Wonders: Healing Childhood Trauma With EMDR:

0 of 0 people found the following review helpful. Five Stars By Mrs. Simone M. Steigleder good 0 of 0 people found the following review helpful. Wonderful collection of EMDR clinical cases By PatDr shares her experiences with children and provides insight into the art of working with children and the power of EMDR to accelerate the healing. 3 of 3 people found the following review helpful. Big help By Seeker As a new member of the EMDR community, this book helped me understand ways to work with children Primarily a children's therapist who was looking for information on how EMDR children go together. I would recommend this to any therapist who wants to understand EMDR with children.

Eye movement desensitization and reprocessing (EMDR) is a comprehensive therapeutic approach that helps patients release disturbing thoughts and emotions that originate in traumatic experiences. In *Small Wonders: Healing Childhood Trauma with EMDR*, Joan Lovett, M.D., shares engaging clinical stories—mysteries involving children who present her with puzzling and disturbing behaviors. She imaginatively focuses her knowledge of pediatrics, play therapy, and EMDR to alleviate the real-life ordeals of real-life children. This book is intended for parents who are concerned with having their children feel confident, for adults who want insights into the way the events of their childhood shaped their self-image, and for professionals who want to know more about EMDR and how it can be adapted to meet the special needs of traumatized children.

Laurel Parnell, Ph.D. author of *"Transforming Trauma: EMDR"* and *"EMDR in the Treatment of Adults Abused as Children"* "*Small Wonders*" touched me deeply with Dr. Lovett's heartwarming stories of creatively using EMDR to heal traumatized children. As well as being an important contribution to the field of child psychology, this intelligent book is a must-read for parents, therapists, physicians, teachers, and anyone who works with children. About the Author Joan Lovett, M.D., is a behavioral pediatrician in private practice in the San Francisco Bay area. A graduate of Wellesley College and the University of California San Francisco School of Medicine, Dr. Lovett trained in pediatrics at Montreal Children's Hospital/McGill University and Stanford University School of Medicine. She is an EMDR Institute Facilitator and has served as a Chair of the EMDR Medical Committee.