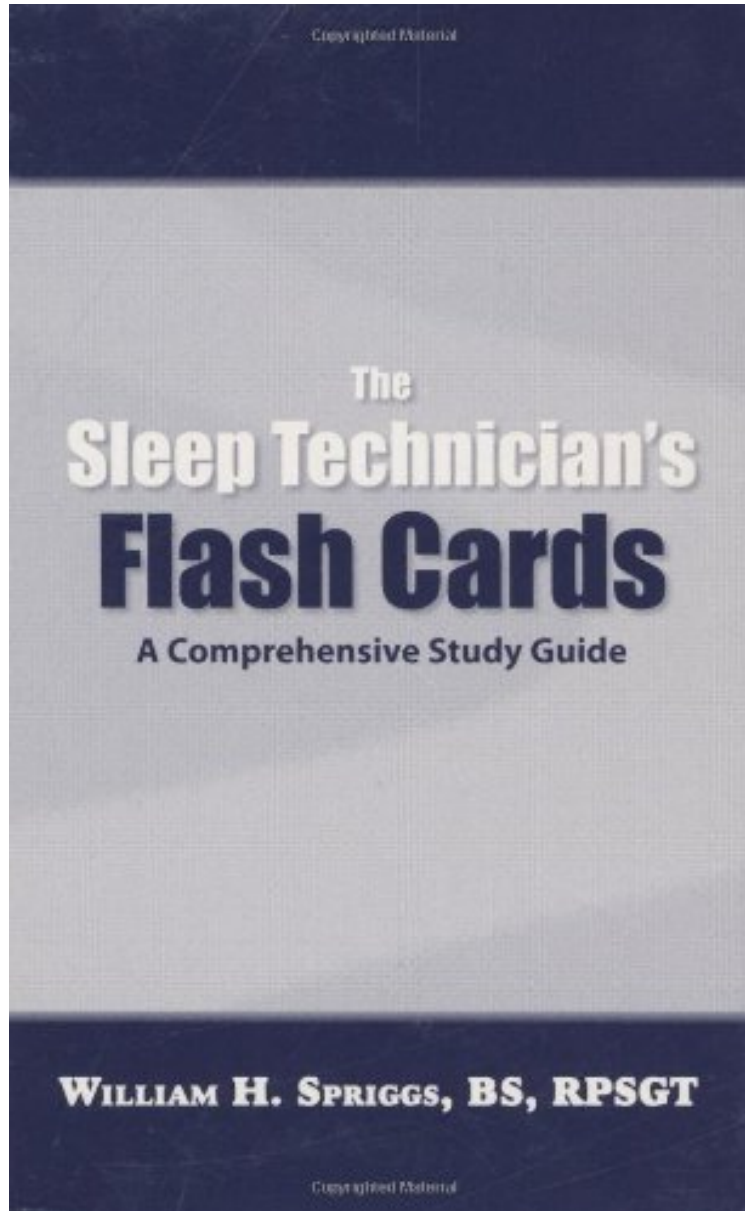


(Library ebook) Sleep Technician's Flash Cards

## Sleep Technician's Flash Cards

*William H. Spriggs*

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#2235212 in Books Spriggs, William H. 2009-10-15 Original language: English PDF # 1 5.31 x 2.14 x 3.221, 1.05 Binding: Cards 252 pages | File size: 62.Mb

**William H. Spriggs : Sleep Technician's Flash Cards** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sleep Technician's Flash Cards:

0 of 0 people found the following review helpful. Did anyone proofread these? By M.Morrice The vast majority of these cards are ok (at best) for studying, but are mostly just basic definitions with little detail. They're especially

useless for staging as they cover each stage with only one card containing a tiny screenshot of the epoch. This could make someone DRASTICALLY underestimate the importance and quantity of staging knowledge needed for their exam. But the most egregious issue is that some cards that cover important topics are actually WRONG! Especially in the reporting section. I found multiple cards that disagreed with each other...amazing. Equally dubious is Spriggs' accompanying book. Save yourself the time and money and get the "fundamentals" book by Butkov Lee-Chiong, it is infinitely more helpful. 0 of 0 people found the following review helpful. ... cards are only barely out of date (minute details like AASM recommended filter settings) By Brian Tillinghast These flash cards are only barely out of date (minute details like AASM recommended filter settings). I recently passed a sleep technology course in college. The books we used were not as good as William Spriggs', "Essentials of Polysomnography". His pocket guide for the sleep technician is indispensable. I bought all three. 4 of 4 people found the following review helpful. Helped me pass my RPSGT boards By D. Smith These are dated and do not reflect the new scoring guidelines from 2008, but it will help solidify your knowledge base. I think this Fundamentals of Sleep Technology: Endorsed by the American Association of Sleep Technologists (AASST) helped me the most, but I certainly used the flash cards in conjunction to make sure it was sinking in.

The Sleep Technicians Flash Cards are designed to test and reinforce students' knowledge base to prepare for the RPSGT board exam. With 250 cards, this convenient study aid allows students to quiz themselves throughout their busy day and will help maximize their comprehension of polysomnography. Topics covered include: Patient Hookup and Measurements Diagnostic Equipment Calibrations and Montages Artifacts and Troubleshooting Policies and Procedures Sleep Stage Scoring Event Scoring Electrocardiography Reports and Calculations Sleep Disorders Drug Effects on Sleep Terms and Definitions