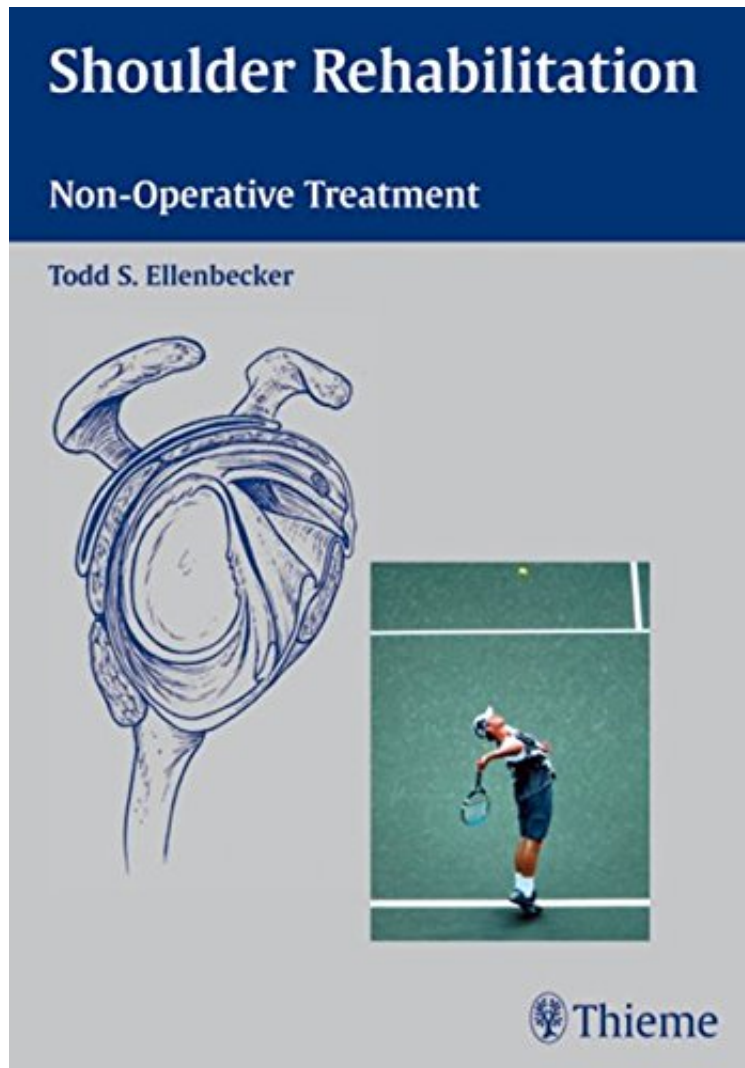


Shoulder Rehabilitation: Non-Operative Treatment

Todd Ellenbecker, Todd S. Ellenbecker
*ePub | *DOC | audiobook | ebooks | Download PDF*



#997783 in Books 2006-08-14 Original language: English PDF # 1 10.02 x .34 x 7.06l, .92 #File Name: 1588903702166 pages | File size: 60.Mb

Todd Ellenbecker, Todd S. Ellenbecker : Shoulder Rehabilitation: Non-Operative Treatment before purchasing it in order to gage whether or not it would be worth my time, and all praised Shoulder Rehabilitation: Non-Operative Treatment:

2 of 2 people found the following review helpful. Excellent content; poor kindle layout By ktbug The content of this text is invaluable and a must-have resource for anyone treating shoulder injuries. My only complaint is that the kindle edition is difficult to navigate; it does not have a table of contents and the images to match to the pages you are on. It is difficult to flip back and forth through the pages to see the picture that matches the content you are reading. The publisher needs to work on improving this version for ease of use. Otherwise, I highly recommend it for the content! 2

of 2 people found the following review helpful. Love itBy jwI'm a physical therapist and I LOVE this book. Great reference for shoulders and great info to apply quickly to your PT practice.Todd Ellenbecker is also a great presenter, if you ever get the chance to hear him teach!1 of 3 people found the following review helpful. GoodBy Carlos Roberto MThis book is good to understand the biomechanics of the shoulder, and to have an idea of exercises that can be used in rehabilitation, however it is important to always see the scientific articles because we know that the books are a bit desatuallizados.

This book presents the latest evidence-based information on current non-operative treatment recommendations for shoulder rehabilitation. Addressing a range of shoulder disorders, including glenohumeral joint instability, glenohumeral joint impingement, and frozen shoulder, *Shoulder Rehabilitation: Non-Operative Treatment* provides easy-to-follow guidelines on how to develop rehabilitation plans tailored to the specific needs of the patient. It also covers special topics in shoulder rehabilitation, such as how to modify traditional exercises for shoulder rehabilitation; the use of taping and external devices in rehabilitation; and the use of interval-based sport return programs. Highlights of this text: In-depth coverage of specific shoulder pathologies with key basic science information Detailed descriptions of specific exercise modifications that will help return the active shoulder patient to full activity following physical therapy Extensive use of photographs and figures that illustrate recommended exercise and mobilization techniques An ideal clinical reference, this book will benefit specialists in orthopedics, sports medicine, and physical therapy, as well as students in graduate-level physical therapy and athletic training programs.

"A wonderful job of presenting the specific rehabilitation strategies for primary, secondary, and internal impingement... A concise, logical approach to rehabilitating each pathology. The multitude of pictures along with tables of classifications, descriptions, and protocols help to reinforce the thorough content through this section. [In the second section of the text] the authors touch on material that is not readily available to many practitioners. ..Comprehensive, easy to read, and an excellent source of current information on rehabilitation of the shoulder. This book can and should serve as a reference for all those involved in rehabilitating the shoulder including physicians, physical therapists, and athletic trainers. ..It would be an excellent resource for personal trainers who are involved in sport-specific training. The author and his contributors have provided the rehabilitation community with a wonderful book that, when read, will make us all better practitioners."--JournalA wonderful job of presenting the specific rehabilitation strategies for primary, secondary, and internal impingement... A concise, logical approach to rehabilitating each pathology. The multitude of pictures along with tables of classifications, descriptions, and protocols help to reinforce the thorough content through this section. [In the second section of the text] the authors touch on material that is not readily available to many practitioners. ..Comprehensive, easy to read, and an excellent source of current information on rehabilitation of the shoulder. This book can and should serve as a reference for all those involved in rehabilitating the shoulder including physicians, physical therapists, and athletic trainers. ..It would be an excellent resource for personal trainers who are involved in sport-specific training. The author and his contributors have provided the rehabilitation community with a wonderful book that, when read, will make us all better practitioners.--Journal of Orthopaedic Sports Physical TherapyClear yet concise...[An] aspect of the book that makes it better than other shoulder rehabilitation texts is the emphasis on instituting progressions on the basis of functional capabilities rather than on a specific timetable. ...An excellent book for all therapists who treat shoulders...informative...may...redefine how you design a patient's rehabilitation program.--ADVANCE for Physical Therapists and PT AssistantsWell organized, evidence-based, and reader-friendly...The tables...are an excellent resource...highly useful...[a] focused approach, review of recent literature, and illustrated discussion...A well thought out section...[about]return to activity issues...distinguish this book.--Doody's Book sFrom the Back CoverThis book presents the latest evidence-based information on current non-operative treatment recommendations for shoulder rehabilitation. Addressing a range of shoulder disorders, including glenohumeral joint instability, glenohumeral joint impingement, and frozen shoulder, "*Shoulder Rehabilitation: Non-Operative Treatment* " provides easy-to-follow guidelines on how to develop rehabilitation plans tailored to the specific needs of the patient. It also covers special topics in shoulder rehabilitation, such as how to modify traditional exercises for shoulder rehabilitation; the use of taping and external devices in rehabilitation; and the use of interval-based sport return programs.Highlights of this text: In-depth coverage of specific shoulder pathologies with key basic science information Detailed descriptions of specific exercise modifications that will help return the active shoulder patient to full activity following physical therapy Extensive use of photographs and figures that illustrate recommended exercise and mobilization techniquesAn ideal clinical reference, this book will benefit specialists in orthopedics, sports medicine, and physical therapy, as well as students in graduate-level physical therapy and athletic training programs.About the AuthorClinic Director, Scottsdale Sports Clinic, Scottsdale, AZ, USA