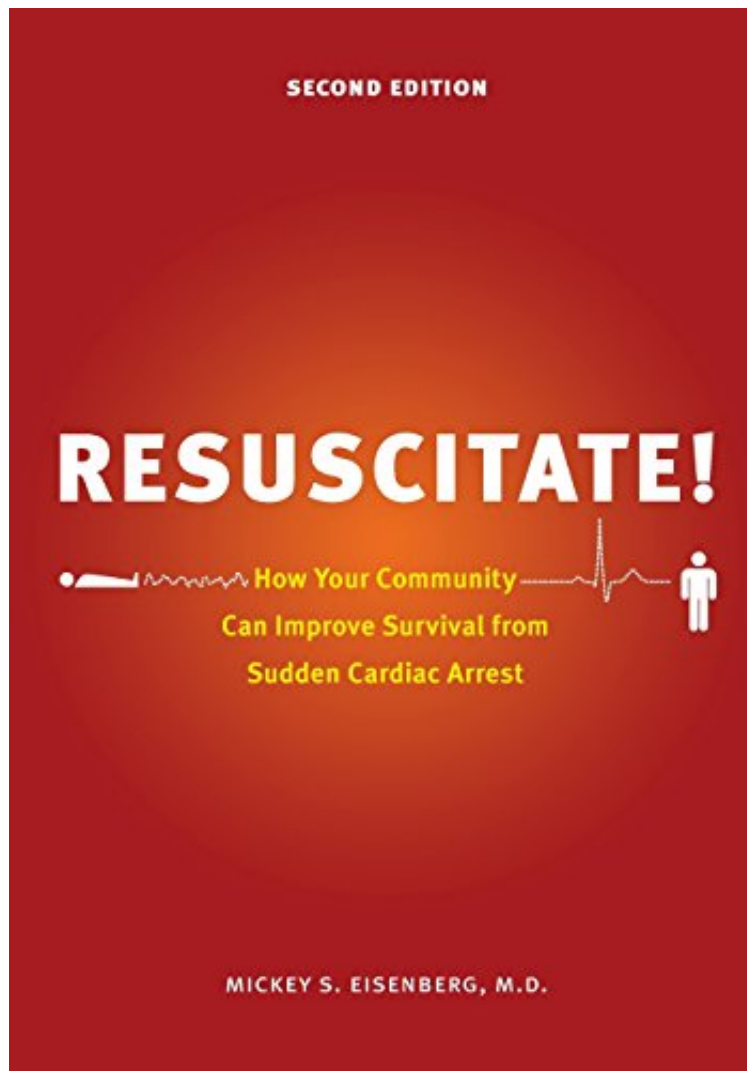


(Mobile ebook) Resuscitate!: How Your Community Can Improve Survival from Sudden Cardiac Arrest (Samuel and Althea Stroum Book)

Resuscitate!: How Your Community Can Improve Survival from Sudden Cardiac Arrest (Samuel and Althea Stroum Book)

Mickey S. Eisenberg M.D.

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Mickey S. Eisenberg M.D. : Resuscitate!: How Your Community Can Improve Survival from Sudden Cardiac Arrest (Samuel and Althea Stroum Book) before purchasing it in order to gage whether or not it would be worth my time, and all praised Resuscitate!: How Your Community Can Improve Survival from Sudden Cardiac Arrest (Samuel and Althea Stroum Book):

1 of 2 people found the following review helpful. A "MUST READ" by any EMS or ED worker.By BPC Computer

Services Whether you're an EMT, Paramedic, ER Nurse or Physician, this book is a requirement if you are serious about improving your system. The book is written in an easy to understand format and every statement is backed up by statistics and sources. I can honestly say that within the first 30 pages, my outlook on the EMS system had completely changed. The facts do not lie. The guidelines in the book are not as revolutionary as you may think, in fact, most are common sense. But Ego's and "that's how its always been done" beliefs have significantly limited our capabilities, even on a national level. Admittedly, the changes can not happen quickly and the author makes it quite clear that the changes require years and the cooperation of all administrators of the EMS system to successfully implement. The "EMS System" is no longer a couple workers and an ambulance. Instead, it begins before the 911 call in educating and training the public in CPR guidelines. The system then expands to the dispatching center, fire departments, police departments and the ambulance service itself. Efficiency and Quality IMPROVEMENT (vs QA) are recurring themes in each model. I have no doubt that if a community could implement the first four suggestions alone, your community's Sudden Cardiac Arrest survival rate would double.

Sudden cardiac arrest is the leading cause of death among adults, yet it need not be fatal. Though survival in most communities is very poor, a few communities achieve rates as high as 50%. Why are some communities so successful in snatching life from the jaws of death? *Resuscitate!* describes the steps any EMS system can take to improve cardiac arrest survival. It is written for the medical directors, administrative directors, fire chiefs, dispatch directors, and program supervisor who direct and run EMS systems all across the country, and for the EMTs, paramedics, and dispatchers who provide frontline care. This second edition of *Resuscitate!* provides fifteen concrete steps to improve survival. Four steps will lead to rapid improvements at the local level and are relatively easy to implement. Six additional steps are more difficult to implement but also likely to improve survival. The remaining steps recommend changes at the national level. *Resuscitate!* is the official textbook for the Resuscitation Academy, held twice a year in Seattle. Cosponsored by Seattle Medic One, King County EMS, and the Medic One Foundation, the Academy draws attendees from throughout the world for two intensive days of classes, demonstrations, and workshops to acquire the knowledge and tools to improve survival in their own communities. This new edition includes lessons learned from attendees of the Academy as well as from the faculty's evolving thoughts on how to measure performance and improve survival, one community at a time. It also includes an addendum on the Resuscitation Academy (resuscitationacademy.org). For more than thirty years, Mickey S. Eisenberg M.D., Ph.D. , has played a leading role in developing King County, Washington's emergency response to cases of sudden cardiac arrest, a system recognized as among the very best in the nation. He is a professor of medicine at the University of Washington and serves as the medical director of King County Emergency Medical Services.

"*Resuscitate!* is a unique book and is the printed, physical embodiment of an international movement to improve survival from cardiac arrest. I heartily recommend you read it and commit to improving cardiac arrest survival in your community." -Kevin G. Seaman, *Annals of Emergency Medicine*, Volume 62, no. 5, November 2013 "If you care about sudden cardiac arrest in your community and how emergency medical services respond to this critical emergency, I can think of no more important book than this." Roger D. White, M.D., Mayo Clinic, from the foreword "Eisenberg has done a remarkable job in articulating the steps to be taken for communities to improve survival from sudden cardiac arrest. *Resuscitate!* is a 'best in class' and one of a kind guide that provides inspiration as well as direction in translating resuscitation science into practice. It is essential for all those who seek to establish strategies to improve survival and quality of life for cardiac arrest victims whose hearts are 'too young to die.'" David B. Hiltz, EMT-P Resuscitation Academy Alumni "This book was transformative to me and to the EMS system in Durham, North Carolina. I read it cover to cover and attended the Resuscitation Academy. Eisenberg and his colleagues gave me the knowledge, the tools, and the inspiration to improve resuscitation in Durham. Step by step we are getting better and more lives are being saved." Captain David Jacobs, Durham County Fire Department About the Author Mickey S. Eisenberg M.D., Ph.D. , has played a leading role in developing King County, Washington's emergency response to cases of sudden cardiac arrest, a system recognized as among the very best in the nation. He is a professor of medicine at the University of Washington and serves as the medical director of King County Emergency Medical Services.