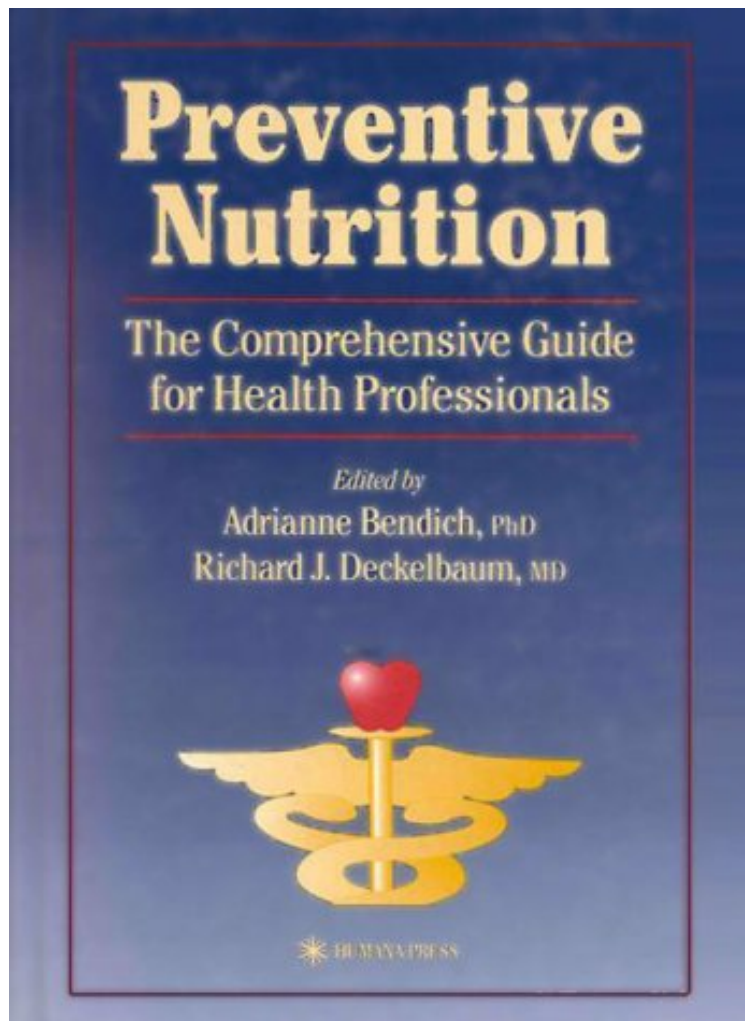


[Mobile ebook] Preventive Nutrition: the Comprehensive Guide for Health Professionals (Nutrition and Health)

Preventive Nutrition: the Comprehensive Guide for Health Professionals (Nutrition and Health)

Richard J. Deckelbaum

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Leading medical authorities and clinicians comprehensively review and critically assess the newest nutritional

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an excellent source for the healthcare practitioner who wants to more clearly understand all the pertinent issues in nutrition as they relate to the current health of his or her patients strongly recommend[ed] to anyone in the field of primary care or nutrition for quick reference. - Journal American College of Nutrition easy to read It could provide invaluable information to those developing nutrition intervention strategies and would make an invaluable resource to seek and purchase for reference libraries. - Journal of Human Nutrition and Dietetics this book is highly recommended, not only for its practical and objective coverage of many important nutritional and health issues, but also for the concise summaries and specific recommendations on them at the end of each chapter. - Food and Nutrition Bulletin "This book should appeal to a broad audience of nutritionists, dietitians, healthcare providers, educators, and a substantial number of the lay public...The chapters have an abundance of tables and a modest number of figures that summarize the findings of a large number of scientific investigations...This is an outstanding book...It is a very important contribution that will be of great value to many healthcare workers in the U.S. and abroad. It serves as a milepost of important nutritional measures for the prevention of chronic disease."4 STARS - Doody's Health Science Book Journal an excellent resource for public health professionals looking for accurate, up-to-date and comprehensive information on current research and recommendations on nutrition in the prevention of disease and disability. - Canadian Journal of Public Health an important resource for physicians interested in nutrition provides a scientific basis to evaluate the health claims of nutritional products [and] answer the nutritional inquiries of patients nothing quite like it in scope and achievement for dealing with preventive nutrition. - Endocrinologist should find a place on the bookshelves of all health professionals who recognise the role of diet in health promotion; in particular, dietitians, nutritionists and medical practitioners who are regularly faced with questions on nutrition and disease prevention. - South African Medical JournalFrom the Back CoverThis newly expanded and updated fifth edition will be the largest and most comprehensive of the five editions with new topics and contributors. The authors have created the most comprehensive and up-to-date review of the nutritional strategies available for the prevention of disease and the promotion of health through nutrition, including state-of-the-art information for nutrition policy and programming. This text is useful for patients looking for credible healthcare information on a wide range of subjects including, szlig;-carotene, lycopene, antioxidants, folate, and the myriad of bioactive phytochemicals found in garlic and other foods. Sections on cardiovascular disease, diabetes, and pregnancy, among many others, will be of great value to practicing health professionals, including physicians, nutritionists, dentists, pharmacists, dietitians, health educators, policy makers, health economists, regulatory agencies, and research investigators. Goals for preventive nutrition in developing countries and nutrition transitions around the world, is also covered.Preventive Nutrition: The Comprehensive Guide for Health Professionals, 5th Ed. is an important resource for thousands of health professionals who have been utilizing the previous editions since 1997.