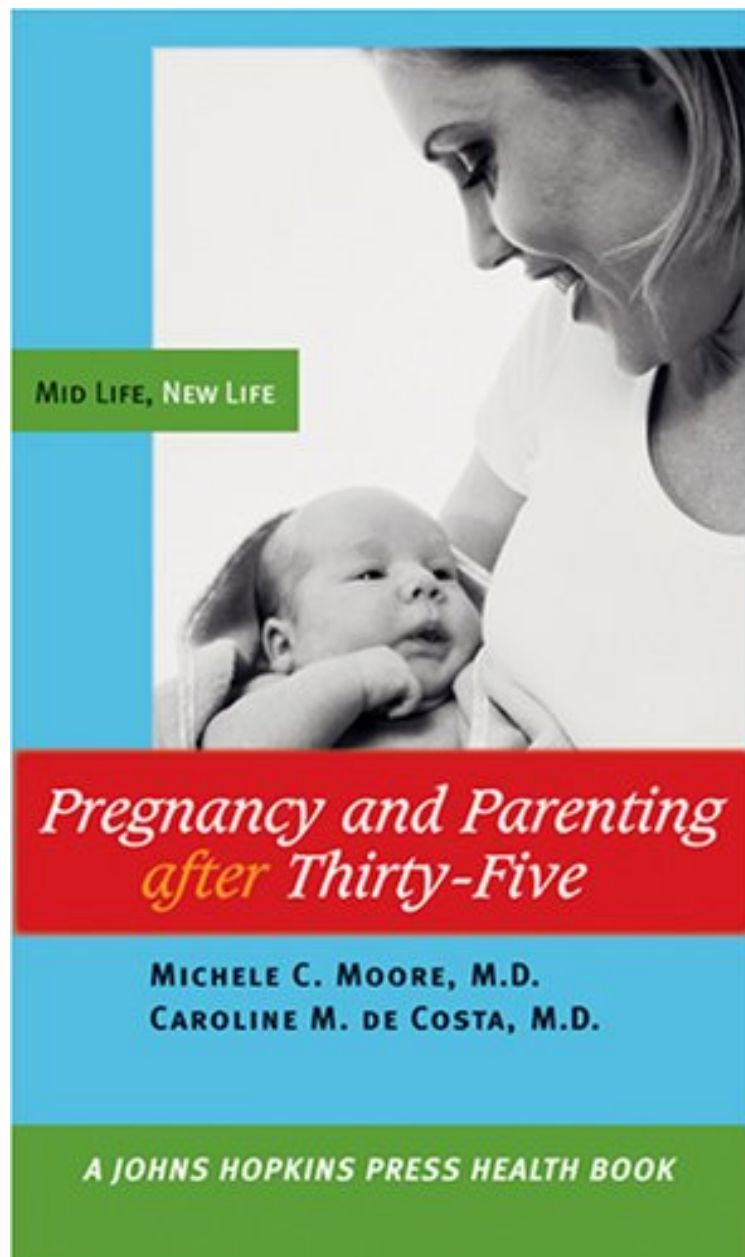


[Read download] Pregnancy and Parenting after Thirty-Five: Mid Life, New Life (A Johns Hopkins Press Health Book)

Pregnancy and Parenting after Thirty-Five: Mid Life, New Life (A Johns Hopkins Press Health Book)

Michele C. Moore MD, Caroline M. de de Costa MD
DOC | *audiobook | ebooks | Download PDF | ePub



DOWNLOAD



READ ONLINE

#2724289 in Books Johns Hopkins University Press 2006-03-13 Original language: English PDF # 1 8.50 x .62 x 5.50l, .77 #File Name: 0801883210296 pages | File size: 19.Mb

Michele C. Moore MD, Caroline M. de de Costa MD : Pregnancy and Parenting after Thirty-Five: Mid Life, New Life (A Johns Hopkins Press Health Book)

before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Pregnancy and Parenting after Thirty-Five: Mid Life, New Life* (A Johns Hopkins Press Health Book):

18 of 19 people found the following review helpful. Makes me feel guilty for being pregnant....By CustomerWow! I had to put this book away. Want to know everything that could possibly go wrong? This is the book for you. The writing style is dry and while the information is presented in a straight forward manner...the vast majority of the information was of a negative nature. The whole tone of the book was "what you, as an over 35 mom, will have to overcome". After multiple sections from this perspective, you start to feel like you are a selfish human being for wanting to be a parent. I know a number of over 35 pregnant women and new moms...all of whom feel especially blessed. This title should include more of blessings and benefits and less of the guilt.0 of 0 people found the following review helpful. good bookBy kokogreengreat condition, no marks and good info for the over 35 mom-to-be, lots of similar info as other books in same category but one can never have enough resources1 of 2 people found the following review helpful. Help for women of a certain age trying to have their first childBy Meredith B. TrunkI bought this book as a gift for a friend of mine who is 37 and is trying to get pregnant. She found it very informative and helpful and thanked me profusely for giving it to her. I was in her position about 20 years ago and wish I'd had a similar resource to consult.

More and more women are having babies after the age of thirty-five and experiencing the joy of motherhood. But mothers-to-be in this age group sometimes face unique medical, emotional, and social challenges. Conception may be difficult and the risk of miscarriage during early pregnancy is higher, as is the potential for complications such as hypertension and diabetes. And having a child later in life can also be surprisingly disruptive to well-established domestic routines and carefully cultivated careers. Michele Moore and Caroline de Costatwo physicians who have been down this road themselvesoffer reliable medical expertise and personal reassurance to women tackling these challenges. *Pregnancy and Parenting after Thirty-Five* covers a broad range of issues for mothers in mid life, from the possibility of Cesarean section to the awkwardness of being the oldest mom at PTA meetings to the joy of holding your infant in your arms. Incorporating the stories of real women who have gone through mid-life pregnancy, Moore and de Costa have created a valuable resource that will help other women do so realistically and with confidence. One of the few books devoted to prospective mothers over thirty-five, this one also includes information on surrogacy, adoption, and the first few months of being a new mother.

"A highly accessible and comprehensive resource for women thirty-five and over who are pregnant or contemplating pregnancy. The many real-life stories of motherhood give the feeling of talking to a group of friends." (Esther Eisenberg, M.D., Vanderbilt University Medical Center)"A guide to the unique social, medical, and personal challenges of pregnancy and childbirth in later life." (Library Journal)About the AuthorMichele C. Moore, M.D., has a practice that emphasizes integrated preventive health care, focusing on chronic illnesses, allergies, environmental medicine, and acupuncture. She has written and lectured extensively on women's health care and holistic medicine and is the author of *The Only Menopause Guide You'll Need* and co-author, with Caroline de Costa, of *Cesarean Section: Understanding and Celebrating Your Baby's Birth*. Caroline M. de Costa, M.D., is a practicing obstetrician and professor of obstetrics and gynecology at James Cook University Medical School, Cairns, Australia.