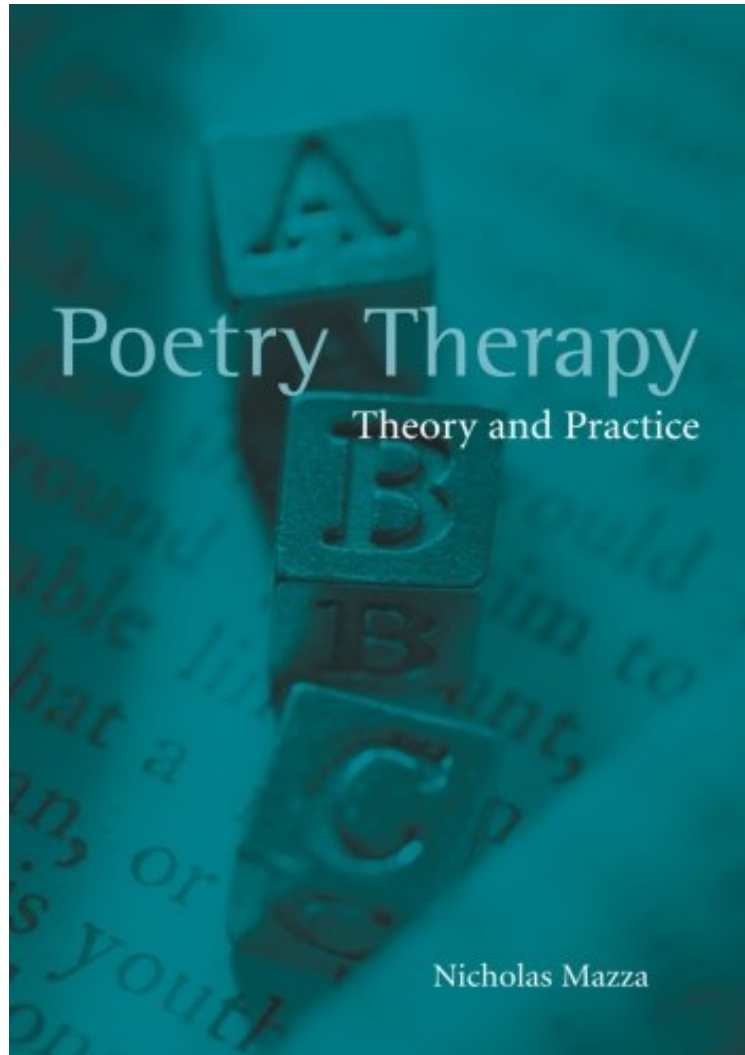


Poetry Therapy: Theory and Practice

Nicholas Mazza

*ebooks | Download PDF | *ePub | DOC | audiobook*



DOWNLOAD



READ ONLINE

#1778657 in Books Nicholas Mazza 2004-09-24 2003-02-27 Original language: English PDF # 1 11.69 x .51 x 8.26l, .76 #File Name: 0415944864224 pages Poetry Therapy Theory and Practice | File size: 61.Mb

Nicholas Mazza : Poetry Therapy: Theory and Practice before purchasing it in order to gauge whether or not it would be worth my time, and all praised Poetry Therapy: Theory and Practice:

0 of 0 people found the following review helpful. Great read By Sara Schultz A must-read for anyone interested in poetry therapy, narrative therapy, bibliotherapy, etc. Great theory, lots of excellent resources for looking more deeply into it. Well written and engaging. The book was a great price, arrived on time, and was definitely a new clean copy with no damages. 3 of 3 people found the following review helpful. Another useful tool in therapy By Pablo I love poetry and am a psychotherapist, so I thought of giving a brief class on the similarities between poetry and therapy. This book was of great help! 11 of 11 people found the following review helpful. Fantastic resource! By Geneva Abiko Mazza has provided a complete history of poetry, song lyrics, bibliotherapy, journaling, free-writing, etc. as they

are used in the therapeutic enterprise. He includes individual, family, couples and special populations (children, the elderly, A.I.D.S. victims, and battered women) in his descriptions of useful ways to conduct poetry therapy. There are several appendices at the end of the book, including sample writing exercises, sample poems organized along common themes seen in psychotherapy, internet resources, and the poetry therapy code of ethics. This book is a must for anyone engaging in poetry therapy, including those who use it as an adjunct to traditional talk therapies.

Poetry therapy has been formally recognized as a valuable form of treatment for over thirty years, and has been proven effective worldwide with many diverse clients. Written by a pioneer and consistent leader in the field, *Poetry Therapy: Theory and Practice* presents a unified model for the effective practice of poetry therapy. Based on his wealth of clinical and theoretical knowledge, Dr. Nicholas Mazza outlines a tripartite system composed of receptive, expressive, and symbolic modes of practice. This text serves as a primary resource for any serious practitioner interested in poetry therapy, bibliotherapy, writing and healing, or the broader area of creative/expressive arts therapies.

'While the healing value of poetry is undeniable, its clinical applications have tended to be ignored, uncharted, and underestimated-until now. In this remarkable volume, Nicholas Mazza shows convincingly how metaphor, imagery, and language can assuage the thorniest ills, and ameliorate the most surprising forms of dysfunction. Poetry Therapy belongs on every sensitive clinician's desk!' - Kirk J. Schneider, Ph.D., Senior Editor, *Handbook of Humanistic Psychology*; President, Existential-Humanistic Institute 'Dr. Nicholas Mazza's landmark book on poetry therapy, is a beautifully written and conceived work that is an invaluable guide to sophisticated clinical practitioners who recognized the power of the written word and its potential for healing; its appearance is an occasion for celebration.' - George S. Getzel, D.S.W., Professor Emeritus, Hunter College of the City University of New York
About the Author
Nicholas Mazza, PhD, is dean emeritus and the Patricia V. Vance Professor of Social Work emeritus at the Florida State University. He is also the founding and continuing editor of the *Journal of Poetry Therapy*.