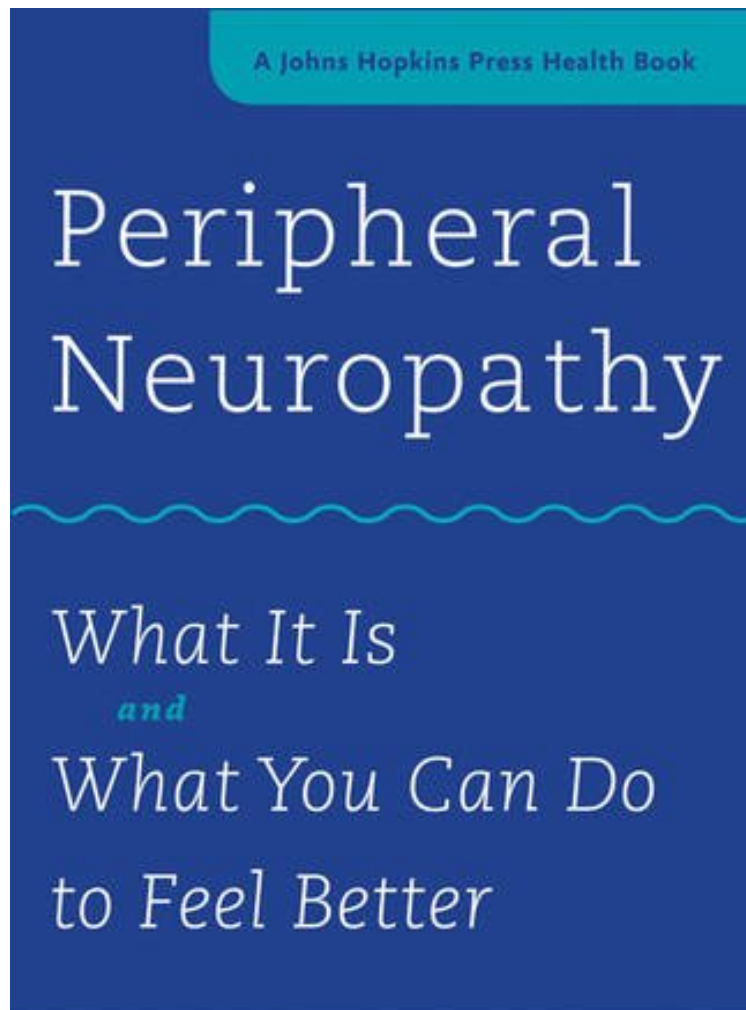


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Peripheral Neuropathy: What It Is and What You Can Do to Feel Better (A Johns Hopkins Press Health Book)

Janice F. Wiesman

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Janice F. Wiesman : Peripheral Neuropathy: What It Is and What You Can Do to Feel Better (A Johns Hopkins Press Health Book) before purchasing it in order to gage whether or not it would be worth my time, and all praised Peripheral Neuropathy: What It Is and What You Can Do to Feel Better (A Johns Hopkins Press Health Book):

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Nearly one in fifteen people that's 20 million people in the United States suffers from peripheral neuropathy, or nerve damage. Caused by such conditions as diabetes, cancer, vitamin deficiencies, and kidney disease as well as certain drugs and toxins, neuropathy brings numbness, tingling, and burning in the feet, legs, and fingertips. Neuropathy can be more than uncomfortable it can be disabling: people whose fingertips are numb may find it hard to button clothing and complete other everyday tasks. Neuropathy is often dangerous, as well: people who cannot feel their feet are more likely to stumble and fall, and they may not notice injuries that need medical attention. Dr. Janice F. Wiesman, a neurologist with twenty years of experience helping people who have neuropathy find relief, shares her special insights into this painful and debilitating condition. With exceptional clarity, Dr. Wiesman begins by outlining the basics of nerve anatomy and function. She explains how peripheral neuropathy is diagnosed and treated, describes neuropathy's disparate causes, and offers readers lifestyle changes that can help keep nerves healthy. A useful glossary defines terms, patient stories offer real-world experiences, and illustrations provide a visual key to the condition. A detailed resources section points the reader to reliable web sites and organizations that offer more help. Concentrating on the most common types of neuropathy, Dr. Wiesman provides hope, help, and comfort to patients, families, and caregivers.

"An excellent book that I would recommend to my patients. Dr. Wiesman does a good job explaining difficult medical concepts in laymen's terms." (Ahmet Hke, MD, PhD, Professor of Neurology, Johns Hopkins University School of Medicine)"An excellent book that I would recommend to my patients. Dr. Wiesman does a good job explaining difficult medical concepts in laymen's terms." (Ahmet Hke, MD, PhD, Professor of Neurology, Johns Hopkins University School of Medicine)"Very well written in simple language, this book covers many aspects of neuropathy that would be of use to any sufferer... This book would be a useful read to any person who has the need of personal insight to this condition, either as a sufferer or family member." (Nursing Times)About the AuthorJanice F. Wiesman, MD, FAAN, is an associate clinical professor of neurology at New York University School of Medicine and an adjunct assistant professor of neurology at Boston University School of Medicine.